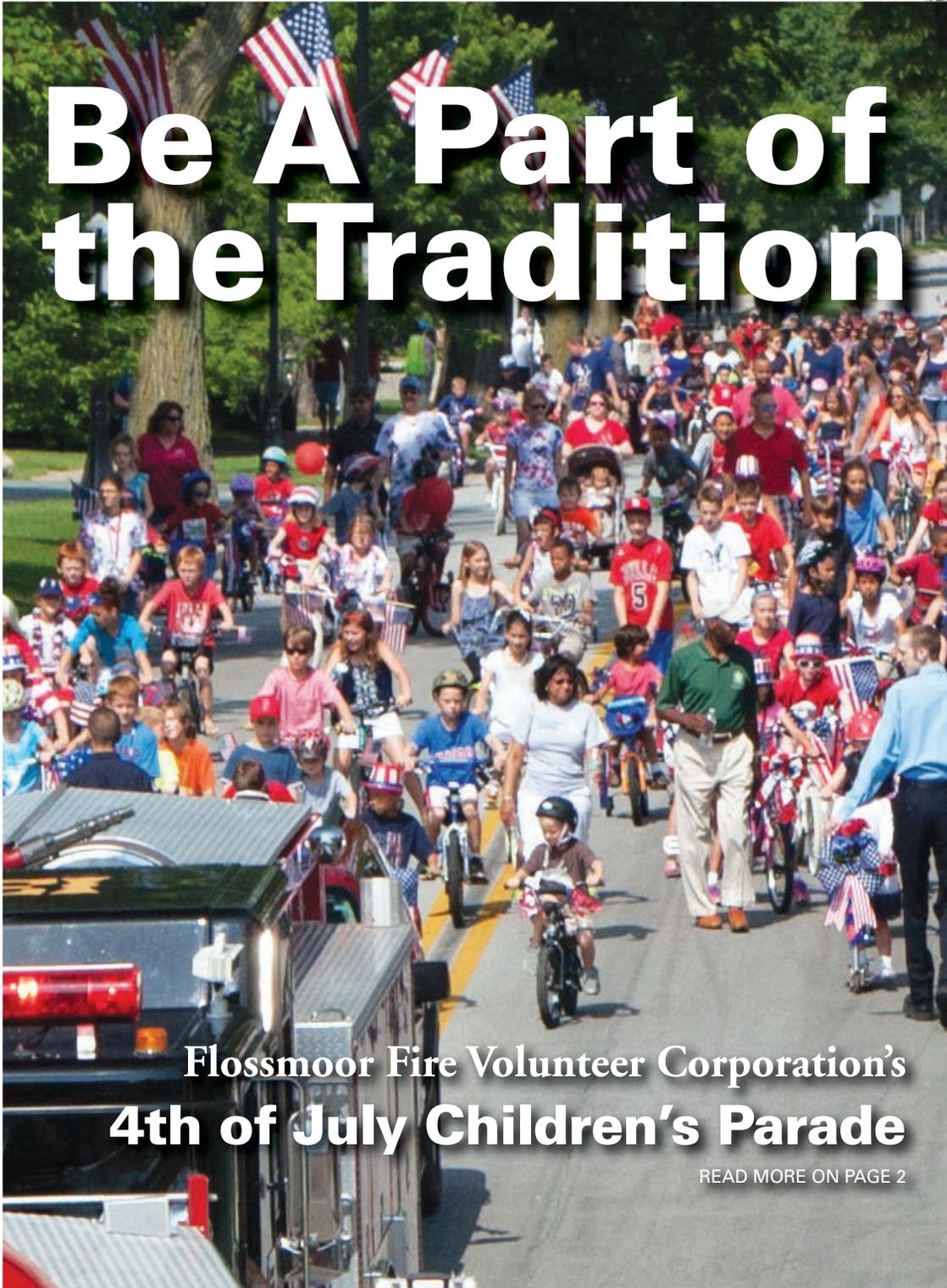


FLOSSMOOR

news

VOLUME 24 \ NUMBER 2 \ SUMMER 2014

Be A Part of the Tradition



Flossmoor Fire Volunteer Corporation's 4th of July Children's Parade

READ MORE ON PAGE 2



**INSIDE
THIS ISSUE**

DATESTO KNOW2
VILLAGE NEWS.....3, 5

FESTIVAL NEWS5
BUSINESS SPOTLIGHT6

COMMUNITY NEWS9
GREEN CORNER 10

Village OFFICIALS

Paul Braun, *Mayor*
 James Crum, *Trustee*
 Perry Hoag, *Trustee*
 Philip Minga, *Trustee*
 James Mitros, *Trustee*
 James Wilder, *Trustee*
 Diane Williams, *Trustee*
 Pamela Nixon, *Clerk*
 Bridget Wachtel, *Village Manager*

Village PHONE NUMBERS

Village Hall \ 798.2300
 Fire \ 798.3885
non-emergency
 Police \ 957.4500
non-emergency
 TDD \ 647.0179
 Public Works \ 957.4100
 Building Dept. \ 957.4101
 EMERGENCY ONLY \ 9.1.1
www.flossmoor.org

Village MEETINGS

Village Board Meeting
 1st & 3rd Mondays of the month
 at 7:30 p.m.

Plan Commission Meeting
 3rd Thursday of the month
 at 7:30 p.m.

Zoning Board of Appeals
 4th Tuesday of the month
 at 7:30 p.m.

Public Art Commission Meeting
 2nd Tuesday of the month
 at 7:00 p.m.

Community Relations Commission Meeting
 4th Tuesday of the month
 at 7:00 p.m.

Green Committee Meeting
 3rd Tuesday of the month
 at 7:00 p.m.

FLOSSMOOR NEWS

is published for residents and businesses in the Village. Please address comments to:

Office of the Village Manager
 c/o Flossmoor News
 2800 Flossmoor Road
 Flossmoor, IL 60422

To place an ad in FLOSSMOOR NEWS please contact:

Christine Reiser

THE TIMES
 MEDIA COMPANY
 708/891.0744

Christine.Reiser@nwtimes.com

DATES to know

May 15
Lawn Sprinkling Ban in Effect
 The use of sprinklers for watering lawns or turf areas is prohibited between noon – 6pm until September 15.

June 13 - October 17
Farmers Market Begins
 Every Friday until October 8am – 1pm
 Located in the parking lot of the Flossmoor Library

June 21
Driving the Dixie
 Discover historic Dixie Highway on a road tour from Blue Island to Mokena. The format is much like a scavenger hunt as participants will follow individual instructions to points of interest within the Dixie Highway communities. For more information, go to www.drivingthedixie.com.

June 28
Household Hazardous Waste Collection
 8 am – 3pm
 Eisenhower High School, 12700 Sacramento Ave., Blue Island

June 29
Southland Community Garden Walk
 10am – 4 pm (rain or shine)
www.ncjwsouthcook.org
 Stroll through seven gardens during the Southland Community Garden Walk, sponsored by National Council of Jewish Women South Cook Section. Gardens will be featured in Flossmoor, Homewood and Olympia Fields on form 10am – 4pm. (rain or shine). Proceeds will benefit Aunt Martha's Youth Service Center and Respond Now. Tickets are \$20 in advance and \$25 on "day of." Advance tickets may be purchased at Sunnycrest Nursery in Flossmoor and Art4Soul in Homewood. Day of tickets will be available at Goldberg Park.

July 4
4th of July Children's Parade
 Lineup is at 9:30am at Parker Jr. High School parking lot. Parade starts at 10 am. This parade is for children of all ages and everything from strollers to two-wheelers are allowed. Children are encouraged to decorate their bikes, trikes or wagons.

July 11
Movies in Our Parks
 The movie **Despicable Me 2** will be playing at Irwin Park, Homewood. The movie will begin at dusk and is free to the public.

July 20
Homewood-Flossmoor Family Night at Sox Park
 The H-F Summer Choir will perform the National Anthem prior to the first pitch. The Chicago White Sox would like to invite all fans residing in Homewood-Flossmoor to come out to the game on Sunday, July 20 at 1:30pm. On this day, the White Sox are offering special priced tickets to all H-F residents, their family and friends. Visit www.whitesox.com/hf for ticket information.



movie will begin at dusk and is free to the public. The Flossmoor Community Relations Commission is hosting a family ice cream social prior to the movie.

September 1
Village Hall Closed for Labor Day



YES! Cartons are Recyclable!

Sort
 how to

Brought to you by Homewood Disposal Service, Inc.

NEW! Homewood Disposal now accepts cartons for recycling!
 The last drop of milk, juice or soup does not mark the end of a carton's useful life. Made mainly from high-quality paper, cartons are easily recyclable and in high demand by manufacturers of recycled products.

HOW? Simply place empty cartons in your recycling bin with your plastic, metal and glass containers.

WOW! After cartons are collected curbside, they are taken to a materials recycling facility to be sorted and baled. The bales of recycled cartons are then shipped to paper mills, where cartons are mixed with water in a gigantic blender to extract all the paper fiber. These recycled carton paper fibers are a valuable resource for making products such as recycled paper products and even building materials.

Carton Council

RE/MAX Synergy

TRULY COMMITTED TO FLOSSMOOR

SELLING
BUYING
RENTING

708-798-1333

3327 A Vollmer Road (Flossmoor Commons Center)
Flossmoor, IL

Each office is independently owned and operated

RE/MAX COMMERCIAL

MLS

Village's 2015 Budget Reflects Strong Fiscal Management

In April, the Village Board approved fiscal year 2015 budget that covers the period from May 1, 2014 through April 30, 2015. Despite the State's fiscal instability, residents of Flossmoor should feel confident that their local tax dollars are well managed, and the Village Board is appropriately responding to the observed financial trends. In fact, the Village's sound financial practices and policies have been praised by Standard & Poor's (S&P), a bond rating agency, when they upgraded the Village bond rating from AA to AA+ in 2009 and confirmed that rating in 2012.

The total spending for general operations in the 2015 budget is \$9.5 million (\$23 million across all funds). The two percent increase over last year's budget is mostly due to capital improvements that residents will quickly spot, including the renovation of the concrete sidewalk steps on Flossmoor Road near Sterling Avenue and engineering for the expansion of the municipal parking lot. Water main replacement will also continue next year with work on Vollmer, Princeton and Gardner Roads. Other less visible capital improvements include engineering associated with the Brookwood Bridge Deck Replacement and the Butterfield Road Culvert as well as the reconstruction of a sewer lift station. Operationally, one of the more significant impacts on the new budget is the return to "normal" tree removal expenses after removing most of the ash trees in the parkway that were decimated by the emerald ash borer insect. Some of this "savings" has been redirected to the Sidewalk Replacement Program, a program in need of additional funding.

Electric Aggregation Program

The Village Board awarded the Village's electric aggregation contract to Verde Energy. Verde Energy has offered a fixed-rate bid of 6.871 cents per kWh effective now through July 2016. This was the lowest of the five bids submitted, which included the Village's previous alternative electric supplier, FirstEnergy Solutions. It is approximately seven percent lower than the current ComEd rate.

Residents who are currently participating in the Village aggregation plan as well as all new ComEd accounts, received a letter in April notifying them of the price change and contract terms with the new supplier and were automatically enrolled in the new aggregation program, unless they opted out.

Residents who are not currently part of the aggregation program may join the program at any time by contacting the Village's supplier. The Village strongly urges any resident who intends to cancel an existing supply contract in order to join the aggregation contract to carefully review their current contract to ensure that cancellation will not impose termination fees. Residents interested in signing up may contact Verde Energy at 1.800.241.0295 or www.ilmunicipalpower.com/flossmoor.

Flossmoor Program vs. ComEd rate in cents per kilowatt hour

	Supply & Transmission	PEA fee [1]	Effective Rate
Flossmoor Rate	6.871¢	none	6.871¢
ComEd Rate [2]	7.60¢ - summer (June-Sept) 7.42¢ - non-summer (Oct-May) Effective June 1, 2014	.050¢	8.1 to 7.92¢

[1] The Purchased Electricity Adjustment (PEA) is variable and ranges as high as 0.5 cents per kilowatt-hour. There is no PEA charge from the program's Supplier.

[2] The ComEd Price to Compare changes; the current rate can be found at www.pluginillinois.org by adding the Electric Supply Charge and the Transmission Services Charge.

To file a complaint against dishonest retail electricity supplier solicitations, contact the Illinois Commerce Commission's (ICC) Consumer Services Division complaint line at 800.524.0795. Customers may also file a complaint online by visiting www.icc.illinois.gov/consumer/complaint

When it comes to revenue, the village is seeing an increase from commercial development that began a couple of years ago. Children of America, Alliance Medical, CVS and the expanded Ingalls Family Care Center are now familiar Flossmoor businesses, but the 72,000 square feet of additional commercial property has finally fully hit property tax rolls, adding a bump to Flossmoor's revenue stream. While the Meijer development will not do so for some time, the company has paid the Village \$115,000 for some necessary parcels of property at the site and will pay approximately another \$48,000 for a site development permit.

Construction of the Meijer development will bring a 193,000-square-foot grocery superstore, five additional businesses and a gas station to Flossmoor at Vollmer Road and Crawford Avenue, is scheduled to begin this summer.

Flossmoor's longtime conservative fiscal management continues to pay off, Mayor Braun said. "It's been a high priority for the Village Board for many years. The 'save then spend' approach takes a lot of discipline, and everyone—both the staff and the board—has been committed to it. The residents approved the tax rate referendum in 2006, and that shows the community's support. The village is in good financial shape, and everyone has had a part in that."

The approved 2015 budget is available to view of the Village's website at www.flossmoor.org.

Property Maintenance Reminder

The time of the year is upon us when all residents need to step outside and look at their homes. Also, the following are reminders of ordinances that are strictly enforced:

- Garbage containers, when not out for pickup, must be stored where they are not in view of the public. Containers can be seen twenty-four hours prior to pickup and must be removed within twenty-four hours after pickup.
- Inoperable motor vehicles are a violation of Flossmoor ordinance. A vehicle parked on property or on the street with a flat tire is considered inoperable.
- Vegetation cannot hang over any sidewalk. There must be a 10ft high clearance for any vegetation along sidewalks.
- Weeds are prohibited and grass exceeding 5 inches in height is a violation.
- Flossmoor also has a village wide ordinance prohibiting parking on village streets for longer than five (5) hours 7:00am-4:00pm, except Saturday, Sunday and holidays unless another time limit is posted. So, step outside, enjoy spring, and start making your to do list. Do not hesitate to contact the Community Service Officer with any questions or concerns you may have. The Village takes great pride in the appearance of our community. Let's work together to keep Flossmoor beautiful.

If you're not at your last job, why is your 401(k)?

Matt Michalik
Financial Advisor
18115 Dixie Highway
Homewood, IL 60430
708-798-1605



Edward Jones
MAKING SENSE OF INVESTING

Member SIPC



Cynthia C. Smith, Allied ASID

CCS Interior Design Group
www.ccsinteriordesign.com
Chicago • Matteson
312-670-9622

\$200 OFF Any Interior Design Project over \$2,000.
Exp. 9/4/14

Make that old, tired deck new again!



Deck Cleaning, Sealing and Staining



**FREE ESTIMATES
708-206-2037**

WE ALSO...
Power Wash Homes, Brick Patios & Porches
Paint (Exterior & Interior)

Package Express +
Packing • Shipping • Postal

78 957-2424

\$285 OFF

ups FedEx Shipping

**RENT MAIL BOXES WITH
STREET ADDRESSES!**

FIRST MONTH FREE

We accept your Deliveries UPS, FEDEX, DHL & USPS

We Pack & Ship Anything Anywhere
INTERNATIONAL SHIPPING EXPERTS

Green Smoke Be Healthier! Save Money!
Costs 40% LESS than traditional cigarettes
Tar Free • Ash Free
Carbon Monoxide Free
Rechargeable Cigarette
Come in for a **FREE** taste test today!

831 Maple Ave 178th off Halsted
Homewood www.PackageExpressPlus.com

Can't Afford New Windows, Doors, Siding, Gutters or Awnings?

Uhlmann Home Improvement Can SOLVE Your PROBLEM!



uhlmann Inc.
HOME IMPROVEMENT

Family owned since 1945

We will REPAIR your Windows, Entry Doors, Storm Doors, Windows, Patio Doors, Siding, Gutters and Awnings.
Is your insurance company paying for your repairs?
We can work with them to get you the most money!

Call Today
708-349-0121

For your **FREE** In-Home Estimate!

Replacement Windows • Bows • Bays & Garden Windows • Storm Windows & Doors
Steel/Fiberglass Entry Doors Patio Doors • Awnings • Glass Block • Siding

We Offer Senior Discounts



Need one good reason to have a plan for long term care?

I'll share not only one, but dozens more.

Whatever your goal — protecting savings from escalating care costs, receiving care in the comfort of home, or more — a plan can help you get care on your own terms.

I can share information that can help as you plan for the future. Call me.



ERIC D. GRANT
General Agent

POLARIS AGENCY
312-951-2606

egrant@genworthltc.com
www.genworth.com/polaris
19511 Governors Highway
Flossmoor, IL 60422

Summer is the Perfect time to buy or sell a home — With Marilyn!



MARILYN VASILOPULOS
Broker Associate, ABR
SERVING THE MARKET FOR 19 YEARS



MULTIPLE LISTING SERVICE
MLS

movewithmv@aol.com
708-306-8197



Help Support Flossmoor Fest

Plans are well underway for Flossmoor Fest! While the Village underwrites most of the costs of the event, your donations offset the cost to keep our celebration as a free, family friendly, memorable and fun event as it has been in previous years.

Our sponsors can choose from five levels of sponsorship. Master of Ceremonies level sponsors will have a booth in the downtown area or booth in Flossmoor Park, their business logo on the stage banner and on printed materials along with two free Fest t-shirts. Main Stage level sponsors will have their business logo on the banner and on printed material along with two complimentary t-shirts. Entertainment sponsors will have their name printed on t-shirts. Family Fun Level sponsors will receive two complimentary t-shirts along with their name listed on the Fest program. Friend of the Fest level sponsors will receive one complimentary t-shirt with their name listed on the Fest program. Master of Ceremonies, Main Stage and Entertainment sponsorship must be received by Friday, July 25 to guarantee sponsorship benefits.

For more information, contact Josephine Armsbury at 798.2300 or via email at jarmsbury@flossmoor.org.



Sponsorship Levels:

- Master of Ceremonies (\$2,500 +)
- Main Stage (\$1,000 – 2,499)
- Entertainment (\$500 – 999)
- Family Fun (\$100 – 499)
- Friend of the Fest (\$25 – 99)

Fest Booth Registration

The Village is now accepting booth registrations for Flossmoor based businesses and organizations. Please note that there are several requirements that must be met in order to apply for a booth. Booth registration deadline is Friday, July 25 and applications will be reviewed on a first come, first serve basis. Contact Dawn Lencioni at dlencioni@flossmoor.org or by phone at 957.4100 for more information.

Next Phase of the Water Main Project Begins

This past fall, the Village completed Phase 1A, which included the replacement of approximately 1.7 miles of water main in various locations. Starting this summer, 7,540 linear feet of old water main will be replaced by new PVC water main along with new main connections, water service for houses and fire hydrants for phase 1B of the multi-year project. Streets impacted by Phase 1A construction are:

- Vollmer Road from Holly Lane to Dixie Highway
- Princeton Road from Vollmer Road to Hanover Lane
- Gardner Road from Carroll Parkway to South of Hutchinson Road

Once Phase 1B is underway and construction started, the Village will begin preparation for Phase 2.

Keeping an Eye on Finance for First Responders

It's satisfying to have the kind of talents that can help make your community stronger, a feeling that James Turnbo of Flossmoor knows well. For over 20 years, Turnbo shared his acumen with the village as a member of the Flossmoor Police Pension Board, which grew from \$11 million to \$45 million during his tenure.



“As a financial advisor, I had the skills to help with the police pension fund,” he said. “I support the police department, fire department and all the village employees, particularly the

police because they serve and protect. My satisfaction came out of watching the fund grow, knowing that when the police officers retired, the money would be there for them.”

In April, Turnbo stepped down from the volunteer position, receiving warm thanks and appreciation for all his hard work from village officials. At the April 21 Village Board meeting “You’ve done a yeoman’s service for many, many years,” said Mayor Paul Braun. “You’re leaving the board in a much better position than you found it.”

Turnbo, who was appointed by former Mayor Frank Maher, was one of five members of the pension board. “Serving was purely a joy with me,” he said at the meeting. “I feel confident that going forward, the fund is in good hands with the remaining members of the board.”



Flossmoor Fest 2014 Donation Form

YES, I/We would like to donate to Flossmoor Fest 2014.

This donation is tax deductible as provided by law. Please return this form with your check to:

Village of Flossmoor, 2800 Flossmoor Rd., Flossmoor, IL 60422

\$

Donation Amount

First Name

Last Name

Address

City

State

Zip

Telephone Number

Fax

Email

Shirt Size S · M · L · XL

BUSINESS *spotlight*

Health Care Business Is Healthy in Flossmoor

by Patricia Houlihan

One Flossmoor health care business is expanding and another is opening its doors in a new space on Governors Highway—two signs that the health care business is in good shape in the Village.

The Hart Wellness Center at 19801 Governors Highway opened in May and offers chiropractic treatment, massage therapy, and a yoga studio. Popular chiropractor, Dr.

Derek Hartmann, who has been in practice for nearly 10 years, including five years in Homewood, relocated to Flossmoor in order to expand his business. The previous location on Dixie Highway had 855 square feet. The new location, which is a corner suite



right on Governors Highway has 2,400 square feet.

The additional room will enable the Hart Wellness Center to provide a 625-square-foot yoga studio, where classes will be taught by his wife, Linzie Hartmann, a certified yoga instructor. The new facility also will have six additional treatment rooms for chiropractic care, acupuncture, rehabilitation, and massage therapy, with five therapists on staff.

Hartmann's name may be familiar to many in the Homewood-Flossmoor community. A 1998 graduate of H-F High School where he was a gymnast, he is the son of Dane Hartmann, who owns Pete's Automotive Repair on Dixie Highway in Homewood. "I was born and raised in this community," Dr. Hartmann said. "This is a great place to do business."

Surely, Nneka Green agrees. **The owner of Zurik Healthcare Institute**, 3235 Vollmer Road, in Flossmoor Commons, is expanding her five-year-old business this summer. A home health care agency, Zurik Healthcare provides visiting nurses as well as home service workers who assist the elderly with everyday tasks. In August, Green plans to start providing training for certified nursing assistants (CNAs). She is hopeful that her home service workers will be among the students. "I have about 50 employees who do home service, all of them very young women. Many of the service workers just have a high school diploma, but when they move up to be a CNA, they can make more money. Also, it can encourage them to go on to become licensed practical nurses (LPNs)," Green said.

The CNA program will have space for eight students in the morning session, eight in the evening session, and eight in the weekend session. The program will take eight weeks to complete.

Hart Wellness Center

19801 Governors Highway
708.799.7807
www.hartwellnesscenter.com

Zurik Healthcare Institute

3235 Vollmer Road,
Suite 104
708.960.0252



Ron Williams, Agent

2349 W. 183rd Street
Homewood, IL 60430
Bus: 708-798-2810
ron.williams.bzhp@statefarm.com

Talk to your neighbors, then talk to me.

See why State Farm® insures more drivers than GEICO and Progressive combined. Great service, plus discounts up to 40 percent.*

Like a good neighbor, State Farm is there.®
CALL FOR QUOTE 24/7.



*Discounts vary by states.

State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company, Bloomington, IL

1001174.1

Swartz Remodeling

(708) 790-4552 • swartzremodelinghome.com



I'm Doug Swartz, and I've been remodeling bathroom spaces in Homewood and Flossmoor since 1984.

Mention Flossmoor's *Flossmoor News* when you contact me for a free estimate, and I'll give you \$150 off if I win your business. Let's get started!



Website: www.flossmoorfamilyauto.com

Monday-Friday 8:00am to 5:00pm

Saturday 8:00am to Noon

Drop Off Box for After Hours

Full Service Repair • Towing

FLOSSMOOR FAMILY AUTO REPAIR

\$6.00 OFF Oil Change

Cannot be combined with any other offer or special

708-798-0806

2733 Flossmoor Road

FREE Power Toothbrush

with a New Patient Cleaning & Exam
for the first 15 to call & mention this ad!

{It's that easy. Because we believe
once you try us, you'll be a patient for life.}

1 offer per patient per visit.



AWARD-WINNING DENTISTRY

Reader's Choice® Best Dentist in Town

Angie's List® Super Service Award

The Center for DENTAL EXCELLENCE



19615 Governors Hwy.
Flossmoor, IL

708-794-4241
flossmoordental.com



Mon. - Fri. 9-9 • Sat. 9-6 • Sun. 10-4

\$8.99/Haircut
Men - Women - Kids
Expiration: July 30, 2014

Great Clips®
Relax. You're at Great Clips.®
Not good with any other offer. 1 coupon per customer. Good at this location only.

A Great Haircut. Guaranteed.
No Appointment Necessary.
Want to Save Time?

Online
Check-In
Next time. Save time.
Try our NEW Online Check-In service at greatclips.com

We have over 30 years been the best value in haircuts.
Get your summer haircut: before summer vacation, on your way to the golfcourse/ball game, or just for fun!

Finally Summer Is Here!

OLYMPIA FIELDS
3224 VOLLMER RD.
BETWEEN KEDZIE AND GOVERNORS HWY.
(NEAR DUNKIN DONUTS)
708-748-0020

Famous Brand Shoes for Men and Women

Specializing In Hard To Fit Feet

ALL SHOES & SANDALS **\$10 OFF** Any Pair \$50 or more SANDLER'S SHOES

(Qualifying purchase before taxes. Excludes sale racks.)
SANDLER'S SHOES EXPIRES 8/13/14 FM

Women: AAAA-EEEE Sizes thru 14
Men: A-EEEEEE Sizes thru 18

3313 Ridge Road M-W 9:30-6 (708) 895-0833
Lansing, Illinois Th.&F 9:30-7 (219) 932-2838
60438 Sat 9:00-5 www.sandlershoes.com

Serving the Homewood-Flossmoor Community Since 1987

Aleck PLUMBING

Residential Service Specialists

A Friendly Reminder

Springtime rains can bring flooding. Maintenance is key to avoid disaster.

Call today to have:

- Outside faucets inspected
- Annual sewer rodding
- Sump & ejector pump performance checks

A Family Business

(708) 799-4670
(815) 469-6080

www.aleckplumbing.com

18027 S. Crawford
Homewood, IL

Are allergies driving you nuts? 4 quick tips for happier eyes.



**ARE YOU
SUFFERING
FROM ITCHY,
IRRITATING,
RED,
WATERY
EYES?**



**ALLERGIES AND
CONTACT LENS WEAR**
If you wear contacts, you might want to consider switching to a daily lens. Please call us if you'd like to discuss this option.

Tip 1: Wash your face throughout the day

Help wash away pollen and other irritants. Wash your hands first.

Tip 2: Leave shoes outside

Shoes can track in pollen and other allergens.

Tip 3: Stay inside

When pollen count is high, stay indoors with windows and doors shut.

Tip 4: Use your rewetting drops

This makes a big difference to contact lens comfort on pollen-heavy days.

Contact our office to request an appointment

YOUR FAMILY'S EYE HEALTH IS OUR #1 PRIORITY. WE LOOK FORWARD TO SEEING YOU IN OUR OFFICE SOON.

KIRSCHNER
VISION GROUP

2156 W. 183rd Street • Homewood, IL • 708-957-7700
7026 W. 159th Street • Orland Park, IL • 708-687-0600
www.kirschnervisiongroup.com

Insurance Plans

We participate with VSP, Davis Vision, Eyemed, Medicare, Blue Cross/Blue Shield, United Healthcare, Humana, PHCS, Eyecare Plan of America, Superior Vision and many more. We also accept Care Credit. Our office offers an array of eyeglass lenses to meet individual vision requirements. We stock a variety of frames styles for men, women, teens and children to meet anyone's budget.



Richard J. Mantan DDS & Associates

Award-Winning Practice

- Best of Flossmoor - 2013
- Talk of the Town - Excellence in Patient Satisfaction - 2013

- Family Dentistry
- Porcelain Veneers
- Smile Makeovers
- Relief of Snoring & Sleep Apnea
- Cosmetic & General Dentistry
- Preventive Care
- Breath Treatment
- Implants Bridges & Dentures
- Spa Atmosphere
- State of the Art Technology
- No Shot Anesthesia
- Digital X-Rays



**NEW PATIENT
SUMMER WHITENING SPECIAL**

FREE
(\$350 Value!)

With paid exam, cleaning, and x-rays at regular fees.

Includes custom fitted whitening trays and take home kit. Valid for new patients only. One coupon per household. Not to be combined with any other offer. Offer expires 7/11/14. Coupon must be presented at first visit.

(708) 249-6116

19815 Governors Hwy. Ste. 7, Flossmoor
(Just North of Vollmer Road in the Flossmoor Professional Building)

Monday-Saturday, Early Morning and Late Evening Appointments Available

follow us on



CareCredit
Easy Payment Plans

Most Insurance Accepted

SouthlandSmiles.com

No Insurance? No Problem!

Ask us about our in office Dental Assistance Savings Plan. Don't put off your dental care any longer because you don't have dental insurance. Let us help you get back on track with your dental care. Enjoy FREE Preventive Care and up to 20% OFF other dental procedures.

(708) 249-6116

Work Begins on Metra's \$4 Million Station Renovation Project

A \$4 million renovation project for Flossmoor's Metra station is underway. It is a yearlong project that will bring a new warming house and rebuilt platform, among other improvements. The station remains open for the 1,000 passengers who use it every weekday.



"From the Village's founding in 1924 to today, train transportation has been paramount to our success," said Mayor Paul Braun at a groundbreaking ceremony May 5. "This renovation project is important to the village's continued success. People come to the station to head downtown to enjoy Chicago, but it's also is part of the vibrant business district in downtown Flossmoor."

In addition to Mayor Braun and Mayor DeGraff, chair of the Metra board, officials on hand to help dig the first ceremonial shovels of dirt were Village Trustees James Crum, Philip Minga and James Wilder; Village Clerk Pamela Nixon; U.S. Congresswoman Robin Kelly; and State Representative Anthony DeLuca.

"Station projects like Flossmoor are just the type of renewal our system needs and our passengers deserve," said Metra CEO Don Orseno. "When the project is complete, Flossmoor will have a new and much more attractive gateway to their community."

The station will remain open during the extensive work, which includes:

- A new warming house
- New LED platform lighting designed to match the village's existing streetlights. (The Village of Flossmoor is providing funding to cover some of the costs of the new lighting.)
- The replacement of the existing handicap accessible ramp, stair, and trench drain on the northwest side of the tunnel and all of the trench drain inside the tunnel.
- Repairs to the concrete bridge columns on the south side of the station,
- New retaining walls on the southwest side of the station and on the northwest side of Flossmoor Road.
- A new stairway for the northeast side of the depot.

Residents and business owners alike are pleased to see the renovation begin. Carolyn Armstrong, owner of Flossmoor Station Restaurant and Brewery, said, "This is great. I couldn't wait for them to get started." Bill and Terry Gillespie, who've lived in Flossmoor for 26 years, said they use the train a lot, it's like our second car."

For the first phase of the project, train commuters will be diverted to the north end so construction can begin to completely replace the platform at the south end. Construction on the south end is scheduled to begin first and be completed by Fall 2014. Access to the platform from the south stairs will be closed during construction. The process will be reversed in late September when the new south platform is reopened and work begins to replace the north end. The entire project is expected to be finished in early 2015.

High School Opens Renovated North Building

Homewood-Flossmoor Community High School opened the newly renovated North Building in May. The project included refurbishing the student cafeteria and gymnasium. In addition, the building's main entrance was transformed into a two-story atrium to enhance accessibility throughout the facility. The school's fieldhouse was rebuilt and expanded to allow for additional and more convenient programming for students as well as the ability to host multiple events simultaneously. The renovation featured several environmentally friendly components such as high-efficiency lighting, daylight harvesting, carefully designed mechanical systems and occupancy sensors, allowing it to be a candidate for LEED Gold status.



Stormwater Management Protects Homeowners

The accumulation of snow that occurred this winter, is a reminder for residents to protect themselves and property from the potential of intense rainstorms that cause drainage and flooding issues. The Village has adopted both a Floodplain Ordinance and Stormwater Management Ordinance. The goals of these ordinances include protecting residents and their property from flood hazards, complying with national regulations, and preserving the natural characteristics of the stream corridors. Those residents located near creeks and drainageways can take some precautions to reduce the risk of flooding. Dumping in creeks or drainageways is illegal and should be reported to the Public Works Department at 957.4100. The following actions can protect residents and their neighbors from potential flooding:

- No grading or any alteration of the floodplain area is to be performed without obtaining a permit. To receive more information on how to obtain a permit, residents can call the Building Department at 957.4101.
- No materials, natural or manmade, are to be placed in the drainageway or along the banks without a Village permit.
- Grass clippings may not be put within the drainageway or on its banks; this is true of all landscape waste.
- Any materials in the drainageway which may impede the flow of water should be removed as soon as possible.

To obtain more information on flood hazard areas, residents can call the Public Works Department at 957.4100.

For more information about the National Flood Insurance Program (NFIP) and flood insurance you may also contact your insurance company or go to www.floodsmart.gov.



Kendall Case, CPA
18161 Morris Ave., Ste. 202
Homewood, IL 60430
Ph: (708) 960-4076
k.case@PadgettBusinessServices.com

Local individual and small business tax specialist

Individual & Small Business Taxes
Accounting Services
Payroll

PADGETT
THE SMALL BIZ PROS
PADGETT BUSINESS SERVICES®
WHERE YOUR SUCCESS TAKES ROOT™

Start a Bag Habit... B.Y.O.B. (Bring Your Own Bags!)

Flossmoor Green Committee is joining forces with other communities across the world to come closer to becoming a zero waste community by educating residents, schools and businesses on waste reduction, reuse and recycling. Waste reduction helps save valuable resources and decreases the amount of garbage in landfills. This year, the Green Committee is specifically focusing on the use, reuse or discontinued use of plastic bags.

The plastic bags you bring home from the grocery store will probably end up in a landfill. Every year, more than 500 billion plastic bags are distributed, and less than 3% of those bags are recycled. They are typically made of polyethylene and can take up to 1,000 years to biodegrade in landfills that emit harmful greenhouse gases, according to Time Magazine. Reducing your contribution to plastic-bag pollution is as simple as using a cloth bag (or one made of biodegradable plant-based materials) instead of wasting plastic ones. For your next trip to the grocery store, BYOB.

Take a few minutes and watch these informational videos produced by Homewood-Flossmoor High School students:

Leah Dunagan, Bridget Tobin, Gabby Paredes, Ted Wick, and Kasey Nemitz or if you are interested in learning more about ways you can participate in Flossmoor's efforts in taking steps to becoming a zero waste community, please visit our website at www.flossmoor.org.

Business Zero Hero: Sunrise Health Foods

"Did you remember your reusable bag?" This gentle reminder is familiar to anyone who shops at Sunrise Health Foods, 3203 Vollmer Road, in Flossmoor. The sign on the door invites eco-conscious buyers to reduce the number of plastic bags in the marketplace. And Sunrise cashiers will happily give a reusable bag free of charge to customers who sign up for the store's rewards program. Manager Brian Bresnahan sees the bags all over town, a happy sight. "I see people using them for other things around Flossmoor and it feels good," he said.



MANAGER BRIAN BRESNAHAN

Sunrise takes other steps to generate a smaller carbon footprint as well. For instance, the store sells bottled water only by the gallon or five-gallon container to reduce plastic waste. And products are stocked through paperless ordering, an expensive system for a small store, (Sunrise has three locations; the other two are in Lansing and Valparaiso, Ind.), but one the owner generously supports because it benefits the environment, Bresnahan said.

The store's biggest eco-friendly effort, though, focuses on what's actually inside the bag. Sunrise Health Foods' entire produce section is dedicated to organic produce. The juices it sells are organic, too. "We support it big time," Bresnahan said. "People may debate the health benefits of it, but one thing is certain: organic farming is much less damaging to the environment."

Among all of the store's efforts, though, its promotion of reusable bags is what drew the attention of Flossmoor's Community Relations Green Committee, which is launching a public awareness campaign dubbed "Bag the Habit" this summer.

Bresnahan is happy to be at the forefront. Sunrise has tried eliminating plastic bags entirely, but some customers demand them, he said. "If there were a ban on them, maybe at the state level," he said, "that would be fine with me."

Business Blooms for Flossmoor's Own Prairie Godmother

Jackie Riffice not only has a mission in life, she has the skills, talent and enthusiasm to get others to adopt it, too. That's why so many people are growing gardens with native plants, developing eco-friendly habits and taking steps to create a greener community.



As founder of Prairie Godmothers, she "helps clients and communities embrace their green thumbs," as Jackie writes on her company website, PrairieGodmothers.com. From garden makeovers to presentations like "5 Ways to Save the Planet" at a local library to the sale of handmade soaps and birdhouses, she provides plenty of tips and products to help people take steps toward protecting and saving the planet. "We're on the forefront of sustainability, and the key is making things easy for people to do," she said.

Throughout a career that ranged from special education teacher at Flossmoor Hills School to computer programmer and project manager, Jackie said, "I always heard a whisper that there was something else for me, some way I could make more of a contribution." She thought she'd become an artist, but another idea took root instead. Having planted a small herb garden on the side of her house nearly two decades ago, she took courses to become certified as a master gardener and a master naturalist. In 2007, her experience blossomed into a new company, Prairie Godmothers.

Jackie's success drew the attention of Mayor Paul Braun, who asked her to help Flossmoor establish the Community Relations Green Committee. As her business grew, libraries across the Chicago area have invited her to make presentations. And this summer, Prairie Godmothers will offer its products for sale once a month at the Homewood farmer's market.

She is delighted to share her passion with others, as anyone who has visited her website will see. "We are committed to awakening and expanding the environmental conscience of everyone on the planet," she writes. "We are there for anyone who wants to commit to cleaner, greener living inside and outside the home."

Be Rewarded for Shopping Local and Green!

Join HF Park District "Go Green" program that helps you earn prizes as you support local businesses and community events that are eco-friendly. To participate:

- Pick up a "Go Green" punch card from HF Park District.
- Frequent one of their "Go Green Partners" or programs.

Participating businesses and events will have designed "Go Green" approved purchases or activities.

For example, shopping at the local farmers market or attending a green workshop earns you a punch.

Turn in your completed card to Goldberg or Irwin Center for your chance to win a monthly raffle prize. An individual can only win once per Go Green calendar year. The program runs from May through April.

Visit www.hfparks.com for more information.





When
"That will
never happen
to me"
happens.

Tom Luscombe, Agent
920 West 175th Street
Homewood, IL 60430
Bus: 708-365-5222
tom@luscombe.com



I'm ready to help.

There's never a good time for an accident to happen. But when it does, you can count on me to be there quickly so you can get your life back to normal.

GET TO A BETTER STATE™
CALL ME TODAY.



1101204

State Farm, Home Office, Bloomington, IL



One of America's 50 Best!

Ingalls was named one of America's 50 Best Hospitals™, ranking it in the top 1% of the more than 4,500 hospitals in the country. We want to congratulate the exceptional physicians, nurses, staff, and volunteers at Ingalls on receiving this distinction. We thank them for making the decision every single day to bring their best to our patients and to our community. Their skill and commitment is reflected in superior clinical performance and patient outcomes. This is an honor we are proud to accept on their behalf. For more information, call us at **708.915.CARE (2273)** www.ingalls.org



Exceptional Care. Exceptionally Close.™

Flossmoor • Tinley Park • Calumet City
• Crestwood • Harvey



Over 60,000 Yards of Variety Mulch In Stock featuring



Hardwood
Playground
COLORED
Mulch

Brick Red, Cedar, Cypress, Dark Brown, Forest Brown, & Black

708-889-9600

www.mulch-masters.com



\$5 OFF

PURCHASE OF \$50 OR MORE

Residential Only, Excluding Delivery

Must mention coupon at time of ordering. Coupons cannot be combined or valid with any other offer. Coupon expires 7/31/2014



Mulch Masters 17900 Harper Ave. • Lansing, IL

code: VK



Village of Flossmoor

2800 Flossmoor Road
Flossmoor, IL 60422

www.flossmoor.org

ECRWSS

**POSTAL CUSTOMER
FLOSSMOOR, ILLINOIS 60422**

PRSR STD
U.S. POSTAGE
PAID
PERMIT NO. 1
FLOSSMOOR, IL



Join the club with **Something** for **Everyone**... and Everything in One Place!

Summer Saver SPECIALS May 1 • August 31

• Promotional Premier Membership

As low as \$40/person/month with a one-time processing fee of \$10. Start any day! **New Members only!**

• College Student Summer Saver

Resident \$29.99/person/month
Non-Resident \$34.99/person/month
No enrollment fee!
Have your current Club ID? Save \$5/month.
Current College Photo ID required.

All Summer Promotional and College Student Memberships end Sept. 30

• Daily Fee Summer Savers

- \$10/day (50% discount)

each time you come in with a member.
Photo ID required.

- \$15/day (25% discount)

each time you visit the Club from
May 1 - Aug. 31. Photo ID required.

- \$120 (40% discount)

for a 10-visit pass booklet valid for
1-year from date of purchase.

Mark your Calendars

Summer Circuit

Apollo 5K - May 17
Run for Freedom - July 4
Flossmoor 5K - Sept. 6
8 AM ... Race Start
7 AM ... Check in and race-day registration



Tennisfest July 9 - 20

**FREE
Tennis Lessons
& Clinics**



Check hfracquetandfitness.com for updates.

2920 W. 183rd St. • Homewood IL | 708-799-1323
hfracquetandfitness.com

